



Colorado Association of Infant Mental Health (COAIMH)

Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health (IMH-E ®)

Requirements for Infant Mental Health Specialist (*Treatment/Intervention*)*

EDUCATION	WORK EXPERIENCE	TRAINING	REFLECTIVE SUPERVISION/ CONSULTATION	PROFESSIONAL REFERENCE RATINGS
<p>Master of Arts (MA), Master of Science (MS), Master of Education (MEd), Doctorate in Education (EdD), Master of Social Work (MSW), Master of Nursing (MSN), Doctor of Psychology (PsyD), Doctor of Philosophy (PhD), Medical Doctor (MD), Doctor of Osteopathy (DO) or other degree specific to one’s professional focus in infant mental health; university certificate program and/or course work in areas such as infant and toddler development, family-centered practice, cultural sensitivity, family relationships and dynamics, assessment and intervention, in accordance with <i>MI-AIMH Competency Guidelines</i>®.</p> <p>Official transcript(s) required.</p>	<p>Specialized: 2 years, post-graduate, supervised work experiences providing culturally sensitive, relationship-focused infant mental health services. This specialized work experience must be with both the infant/toddler and his/her biological, foster, or adoptive parent on behalf of the parent-infant relationship.</p> <p>Infant mental health services will include concrete assistance, advocacy, emotional support, developmental guidance, early relationship assessment, and parent-infant/very young child relationship-based therapies and practices. These therapies and practices may include but are not limited to infant-parent psychotherapy, interaction guidance, and child-parent psychotherapy. They are intended to explore and explicitly address any</p>	<p>Minimum 30 clock hours of relationship-based education and training pertaining to the promotion of social-emotional development and/or the practice of infant mental health. Applicants will include as many hours as necessary to document that competencies (as specified in <i>Competency Guidelines</i>®) have been met.</p>	<p>Minimum 50 clock hours within one to two year timeframe. Relationship-focused, reflective supervision/consultation (RS/C) with an approved supervisor/consultant, individually or in a group, while providing services to infants, toddlers and families.**</p>	<p>Three ratings from:</p> <ol style="list-style-type: none"> 1. One rating from current program supervisor, teacher, trainer or consultant. 2. One rating from person providing reflective supervision/consultation. 3. Third rating may be from another supervisor, teacher, trainer or consultant; colleague; or supervisee (if candidate is a supervisor). <p>At least one of the ratings must come from an individual who meets COAIMH Endorsement® requirements as IFS, IMHS, or IMHM OR is familiar with the <i>Competency Guidelines</i>®.</p>



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	<p>separations, trauma, and/or unresolved losses as they affect the development, behavior and care of the infant/very young child and the emerging attachment relationship. The unresolved losses, or “ghosts” might be from the caregivers’ own early childhood or may be more recent. Work on unresolved losses does not have to be explicit with every family with whom the applicant works. But the applicant must have had the training and RS/C that prepares them to provide that level of intervention when it is appropriate for a referred family.</p>			

ALL Endorsement applicants have to sign a *Code of Ethics & Endorsement Agreement*, provide *Documentation of Competencies*, and have a current Professional Membership with COAIMH to complete their application.

*Successful completion of Exam required for Endorsement (currently offered twice/year).

**Beginning 1/1/2018, new Endorsement applicants are required to receive all RC/S hours from an Endorsed provider in order to meet the requirements for Endorsement. Contact COAIMH’s Endorsement Coordinator for details: Co.endorsement.coordinator@gmail.com.

Endorsement Renewal: All Endorseees have to complete a minimum of 15 clock hours/year of relationship-based education and training, pertaining to the promotion of social-emotional development and/or the practice of infant mental health (e.g. regional training, related course work at colleges or universities, infant mental health conference attendance) and maintain a current COAIMH membership. Documentation of training hours submitted with membership renewal.