



## ***Beginning Rhythms & Keys to Caregiving: Supporting At-Risk Infants and Families***

November 1<sup>st</sup> & 2<sup>nd</sup>, 2018  
8:30am – 4:30pm (both days)

Developmental Pathways – 325 Inverness Drive South, Englewood, CO 80112

*Beginning Rhythms & Keys to Caregiving: Supporting At-Risk Infants and Families* has been developed for the unique needs of healthcare, education, and early intervention professionals working with infants and young children who are at risk for or have developmental concerns and *high risk social-emotional needs*. The content provides a strengths-based foundation of typical early development (birth to 3 years) for infants and young children centered on the importance of the parent-child relationship. The support of positive parent-child relationships is critical in offering developmental guidance of all children, especially infant and young children who are vulnerable due to health, developmental, and/or environmental concerns.

Participants will receive a "Certificate of Professional Development Education" for 13.0 clock hours.

### **PROGRAM OBJECTIVES:**

- Discuss the impact of daily routines and social emotional experiences on physiologic regulation, self-regulation and emotional development
- Describe the impact that maternal self-regulation and prenatal mutual regulation has on infant regulation
- Identify the significance of self-regulation and mutual regulation during and after pregnancy
- Analyze the significance of an infant's transition from "mutual regulation to self-regulation" in the first year of life
- Understand how parent knowledge about the developmental evolution of infant states and the sleep/wake cycle assists parents in the management of their child's sleep and feeding routines
- Utilize the Sleep Activity Record (SAR) can assist parents in managing sleep, feeding, and crying concerns
- Analyze how sharing the behavioral assessment can to support infant and child development and coach parent's responsive caregiving for their child
- Describe how a feeding or play observation provides opportunities to enhance parent confidence and caregiving
- Discuss how to support parents understanding of infant behavioral cues and consistent responses as the first step in communication and social emotional development

**COST FOR BOTH DAYS - \$195/person**

**INSTRUCTORS: *Barbara Deloian, PHD, RN, CPNP, IBCLC & Sarah McNamee, LCSW, MBA, IMH-E (Mentor)***

**[FOR MORE INFORMATION & TO REGISTER](#)**