

Foundations of Infant and Early Childhood Mental Health (Colorado Foundations)

Sponsored by Foothills United Way and the Early Childhood Council of Boulder County

Colorado Foundations was developed by the Colorado Association for Infant Mental Health (CoAIMH) to strengthen the capacity of the early childhood workforce by providing a continuum of high-quality, consistent infant and early childhood mental health supports to children ages birth to 5 and their families. This four-day training series is unique in its ability to promote a shared understanding and common language of infant and early childhood mental health principles to individuals across a broad array of disciplines including Early Intervention providers and service coordinators, early care and education providers, home visitors, public health nurses, and other early childhood providers.

- Module 1: Introduction to Infant and Early Childhood Mental Health
- Module 2: Child and Family Development
- Module 3: Relationships
- Module 4: Building a Brain – Biology and Environment
- Module 5: Early Adversity and Toxic Stress
- Module 6: Self-Care
- Module 7: Reflective Practice
- Module 8: Cultural Sensitivity and Diversity Considerations
- Module 9: Professional Roles and Identity

NOTE: *Colorado Foundations* supports training competencies associated with the *Infant Mental Health Endorsement® (IMH-E®)*.

Presented by Colorado Foundations Master Trainers:

Andrea Foote Psy.D, *IMH-E® Infant Mental Health Mentor-Clinical* and Sarah McNamee LCSW, MBA, *IMH-E® Infant Mental Health Mentor-Clinical*, McNamee & Associates, LLC

**October 12, 19, 26
& November 2
(November 9 snow date)**

**8:00 am – 1:00 pm
Breakfast provided!**

**Boulder County Parks
and Open Space
Administration Building
5201 St. Vrain Rd.,
Longmont, 80503**

FREE!

**20 hrs. continuing
education**

***Qualifies for additional points
as series and high needs when
applying for an EC Professional
Credential 2.0 on PDIS**

TO REGISTER:

Please visit

<https://form.jotform.com/62576618636164>

For more information or questions:

Contact Emily Robbins at
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303-895-3425

