



Beginning Rhythms & Keys to Caregiving: Supporting Premature and Medically Fragile Infants and their Families

July 11 & 12, 2019

8:30am – 4:30pm (both days)

AlloTribe – 7797 Raleigh St, Westminster, CO 80030

Beginning Rhythms & Keys to Caregiving: Supporting Premature and Medically Fragile Infants and their Families has been developed for the unique needs of healthcare, education, and early intervention professionals working with infants and young children who are at risk for or have developmental concerns and *high risk social-emotional needs*. The content provides a strengths-based foundation of typical early development (birth to 3 years) for infants and young children centered on the importance of the parent-child relationship. The support of positive parent-child relationships is critical in offering developmental guidance of all children, especially infant and young children who are vulnerable due to health, developmental, and/or environmental concerns.

Participants will receive a “Certificate of Professional Development Education” for 13.0 clock hours.

PROGRAM OBJECTIVES:

- Discuss the impact of daily routines and social emotional experiences on regulation and development
- Describe the impact that maternal self-regulation and prenatal mutual regulation has on infant regulation
- Identify the significance of self-regulation and mutual regulation during and after pregnancy
- Analyze the significance of an infant's transition from "mutual regulation to self-regulation" in the first year of life
- Understand how parent knowledge about the developmental evolution of infant states and the sleep/wake cycle assists parents in the management of their child's sleep and feeding routines
- Utilize the Sleep Activity Record (SAR) can assist parents in managing sleep, feeding, and crying concerns
- Analyze how sharing the behavioral assessment can to support infant and child development and coach parent's responsive caregiving for their child
- Describe how a feeding or play observation provides opportunities to enhance parent confidence and caregiving
- Discuss how to support parents' understanding of infant behavioral cues and providing consistent responses as the first step in communication and social emotional development

COST FOR BOTH DAYS - \$195/person

INSTRUCTORS:

Sarah McNamee, LCSW, MBA, IMH-E® (Mentor) & Paulina Erices, BS, IBCLC, RLC, IMH-E® Infant Family Specialist

FOR MORE INFORMATION & TO REGISTER