



## **BILINGUAL INFANCY & EARLY CHILDHOOD MENTAL HEALTH PROVIDER**

### **Open Position (Full Time, Salaried, Exempt)**

#### **DESCRIPTION**

La Cocina is a multicultural community-participatory mental health program with a drive toward promoting equity and social justice in the state of Colorado. The program's multidisciplinary team provides a range of services aimed at reducing inequities in mental health care offering a safe space for families to come together to receive culturally attuned therapeutic services in Spanish. These Spanish-language services include: individual, couple and family psychotherapy, structured therapy groups for parents and adolescents, occupational therapy services, family development and case management, and psychological assessments. Our clinicians provide trauma-informed and developmentally sensitive mental health services to Spanish-speaking families. La Cocina currently seeks a full-time, salaried bilingual (Spanish-English) mental health provider experienced in infancy and early childhood mental health to provide services in the Mil Dias de Amor program.

#### **Responsibilities of the Bilingual Infancy & Early Childhood Mental Health provider include, but are not limited to, the following:**

- Oversee La Cocina's renowned FAVAS (*Familias, amigxs y vecinos apoyandose para seguir adelante*) or FFN's (Family, Friends & Neighbors) program providing supervision, training and support to Larimer & Weld Counties Latinx FAVAS.
- Provide culturally-relevant, bilingual (Spanish-English) individual, family, and group psychotherapy services to Spanish-speaking families and individuals with children zero to six years old.
- In some cases, provide home-visiting mental health and family support services to families and individuals. During the COVID-19 pandemic home visits may only be conducted under strict care guidelines, and in cases where Telehealth services are not possible.
- Facilitate social support and/or reflective consultation groups.
- Conduct infancy and early childhood assessments.
- Support outreach and engagement efforts in the community.
- Participate in weekly bilingual group reflective supervision with the La Cocina team.
- Participate in individual bilingual reflective supervision and consultation.

- Assist with community-engaged and community-participatory data collection as needed in order to obtain necessary program data.
- Train in, and learn up-to-date frameworks, theories, and treatment methods, including, but not limited to: Latinx psychology, liberation psychology, trauma-informed care, play therapy, and relational approaches to working with families with young children.

**Supervisor(s):** Position reports to La Cocina’s Clinical Director.

**Minimum Skills and Qualifications:**

- Master’s or doctoral degree in any licensure-requisite mental health field, including Psychology, Counseling, Marriage and Family Therapy, and Social Work with a current Colorado license or licensure candidacy.
- Fluent in Spanish and English.
- Demonstrated clinical skill in assessment/evaluation, treatment, and crisis intervention while working from a social justice perspective.
- Awareness and sensitivity around issues of cultural attunement, specifically related to work with Latinx communities. This includes sensitivity in the areas of oppression, discrimination, and racism.
- Knowledge of early childhood development, and its role in family dynamics.
- At least one-year experience in infancy and early childhood care and/or services provision.
- Ability to work both independently and collaboratively as part of a multidisciplinary team.
- Willingness to actively participate in individual and group reflective supervision.
- Demonstrated clinical skill in utilizing reflective capacity to grow as a clinician.

**Preferred Qualifications: (optional)**

- Experience with program and/or project management.
- Experience in the field of Infant Mental Health. Candidates who have obtained, are working towards, or are interested in applying for Infant Mental Health Endorsement (IMH-E<sup>®</sup>) are encouraged to apply.
- Experience in home visitation or parent coaching/education.
- Experience facilitating groups and providing community-based consultation.
- Multicultural clinicians/candidates highly encouraged to apply.
- Post-doctoral candidates encouraged to apply; please indicate desired postdoc fellowship goals and objectives in application cover letter.

**Hours:** Full Time, salaried position with flexible hours, as the work requires availability some evenings and weekends.

**Location:** During the COVID-19 pandemic 80% of La Cocina’s activities are delivered over secure Telehealth services. This means the right candidate will be highly motivated to work from home, as well as conduct some activities in person while following strict care standards. This

position works primarily in Weld and Larimer Counties; however, some clinical work may involve Telehealth services to rural clients/families.

**Benefits:** Eligible for benefits.

**Compensation:** Based on education, experience, licensure status, and motivation for participating in a Latinx community-based mental wellness model.

**Additional compensation:** Out of town applicants may be eligible for a relocation stipend/moving costs.

**Contact:** Please send questions to [Hola@lacocinahome.org](mailto:Hola@lacocinahome.org). No phone calls please.

**To apply:** Please send cover letter and CV to [Hola@lacocinahome.org](mailto:Hola@lacocinahome.org).

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