

# BILINGUAL MENTAL HEALTH PROVIDER

## Open Position

(Full Time, Salaried, Exempt)

### Description

La Cocina is a multicultural community-participatory mental health program with a drive toward promoting equity and social justice in Colorado. The program's multidisciplinary team provides a range of services aimed at reducing inequities in mental health care offering a safe space for families to come together to receive culturally attuned therapeutic services in Spanish. These Spanish-language services include: individual, couples and family psychotherapy, structured therapy groups for parents and adolescents, family development and case management, and trauma/life adversity assessments. Our clinicians provide trauma-informed and developmentally sensitive mental health services to Spanish-speaking families. La Cocina currently seeks a full-time, salaried bilingual (Spanish-English) therapist to provide mental health services across the lifespan.

### Responsibilities

Bilingual Mental Health provider responsibilities include, but are not limited to, the following:

- Provide culturally-relevant individual, family, and group psychotherapy services to Spanish-speaking families and individuals across the lifespan.
- In some cases, provide home-visiting mental health and family support services to families and individuals. During the COVID-19 pandemic home visits may only be conducted under strict care guidelines, and in cases where Telehealth services are not possible. Currently, the majority of La Cocina services are provided remotely.
- Facilitate psychotherapy groups for adolescents, in addition to psychoeducational groups and community engagement conversations (i.e., "charlas").
- Conduct forensic mental health evaluations for individuals or families who need legal support in immigration proceedings, as needed.
- Support outreach and engagement efforts in the community.
- Build and maintain relationships with other community organizations to better identify the needs of clients and promote services.
- Connect clients with appropriate referrals and services, as needed.
- Work to ensure that all clients are receiving services that are culturally relevant and appropriate (both on-site and within the community). Advocate for clients to receive culturally-relevant services wherever needed.
- Actively participate in weekly bilingual group reflective supervision with the La Cocina team. Actively participate in individual bilingual reflective supervision with direct supervisor.
- Assist with community-engaged and community-participatory data collection as needed in order to obtain necessary program data.
- Train in, and learn up-to-date frameworks, theories, and treatment methods, including, but not limited to: Latinx psychology, liberation psychology, trauma-informed care, play therapy, and relational approaches to working with families with young children.
- Assist with other tasks and responsibilities as deemed necessary and relevant to the

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position, and as indicated by Clinical Director.

- Must carry own malpractice insurance, be willing to undergo a background check, and hold a license and/or registration to provide psychotherapy services in Colorado.

**Supervisor(s):** Position reports to Clinical Director.

**Minimum Skills and Qualifications**

- Master's or doctoral degree in any licensure-requisite mental health field, including Psychology, Counseling, Marriage and Family Therapy, and Social Work with a current Colorado license or licensure candidacy.
- Fluent in Spanish and English.
- Demonstrated clinical skill in assessment/evaluation, treatment, and crisis intervention while working from a social justice perspective.
- Awareness and sensitivity around issues of cultural attunement, specifically related to work with Latinx communities. This includes sensitivity in the areas of oppression, discrimination, and racism.
- Ability to work independently and collaboratively as part of a multidisciplinary team.
- Willingness to actively participate in individual and group reflective supervision.

**Preferred Qualifications**

- Experience with program and/or project management.
- Experience facilitating groups and providing community-based consultation.
- Multicultural clinicians/candidates highly encouraged to apply.

**Hours:** Full Time, salaried position with flexible hours, as the work requires availability some evenings and weekends.

**Location:** During the COVID-19 pandemic 80% of La Cocina's activities are delivered over secure Telehealth services. This means the right candidate will be highly motivated to work from home, as well as conduct some activities in person while following strict care standards. Although many of our services are provided via telehealth, this position requires the clinician to both live and be licensed/registered to provide clinical services in the state of Colorado.

**Benefits:** Eligible for benefits.

**Compensation:** Based on education, experience, licensure status, and motivation for participating in a Latinx community-based mental wellness model.

**Additional compensation:** Out of town applicants may be eligible for a relocation stipend/moving costs.

**Contact:** Please send questions to [Hola@lacocinahome.org](mailto:Hola@lacocinahome.org). No phone calls please.

**To apply:** Please send cover letter and CV to [Hola@lacocinahome.org](mailto:Hola@lacocinahome.org).